

Zeit	M10	M11	W10	W11	M12	M13	W12	W13	M/W U16	Zeit
11:00	Weit 1	Weit 2			60m H					11:00
11:05						60m H				11:05
11:10							60m H			11:10
11:15								60m H		11:15
11:45			50m		Weit 1	Weit 2	Hoch	Hoch		11:45
11:50				50m						11:50
11:55	50m									11:55
12:00		50m								12:00
12:15									60m	12:15
12:30								60m		12:30
12:35			Weit 1	Weit 2			60m			12:35
12:40						60m				12:40
12:45					60m					12:45
13:00										13:00
13:15					Hoch	Hoch	Kugel	Kugel		13:15
13:30									4 x 100m	13:30
13:40	4 x 50m									13:40
13:50			4 x 50m							13:50
14:00							4 x 50m			14:00
14:10					4 x 50m					14:10
14:20	800m									14:20
14:25		800m			Kugel	Kugel	Weit 1	Weit 2		14:25
14:30			800m							14:30
14:40				800m						14:40
14:50									800m	14:50
15:00					800m					15:00
15:10						800m				15:10
15:20							800m			15:20
15:30								800m		15:30