

Rahmenzeitplan nach Meldeschluss

Samstag

	Männer/U23	MJ U20	MJ U18	M15	M14		Frauen/U23	WJ U20	WJ U18	W15	W14		
	10-K	5-K/10-K	5-K/10-K	9-K	9-K		4-K/7-K	7-K	4-K/7-K	7-K	7-K		
	Riege 1/2	Riege 3	Riege 4	Riege 5	Riege 6		Riege 11/12	Riege 13	Riege 14	Riege 15	Riege 16	Riege 17	Riege 18
11:30			100m			11:30							11:30
11:40		100m				11:40							11:40
11:50	100m					11:50							11:50
12:00				100m	100m	12:00			Hoch 2	Kugel 2			12:00
12:10		Weit 1	Hoch 1			12:10							12:10
12:20	Weit 2					12:20							12:20
12:30						12:30	100m H						12:30
12:40						12:40							12:40
12:50				Weit 3	Weit 3	12:50					80m H		12:50
13:00						13:00						80m H	13:00
13:10		Kugel 1				13:10							13:10
13:20						13:20							13:20
13:30						13:30							13:30
13:40						13:40	Hoch 1				Weit 1		80m H
13:50						13:50					Weit 2		13:50
14:00						14:00							14:00
14:10						14:10							14:10
14:20			Kugel 2			14:20							14:20
14:30	Kugel 1	Hoch 2		Diskus	Diskus	14:30			100m H	100m H			Weit 3
14:40						14:40							14:40
14:50						14:50		100m H					14:50
15:00						15:00					Speer 1		15:00
15:10						15:10							15:10
15:20						15:20				Hoch 1			15:20
15:30						15:30							15:30
15:40			Weit 1			15:40	Kugel 2	Hoch 2					15:40
15:50						15:50			Kugel 1				15:50
16:00						16:00							16:00
16:10						16:10						Speer 2	Speer 1
16:20						16:20							16:20
16:30						16:30							16:30
16:40				Stab 1	Stab 2	16:40							16:40
16:50						16:50							16:50
17:00		400m				17:00							17:00
17:10	Hoch 2		400m			17:10							17:10
17:20						17:20		Kugel 1					17:20
17:30						17:30					100m		17:30
17:40						17:40						100m	17:40
17:50						17:50			100m	100m			17:50
18:00						18:00							18:00
18:10						18:10							100m
18:20						18:20							18:20
18:30						18:30							18:30
18:40						18:40	200m						18:40
18:50						18:50		200m					18:50
19:00						19:00							19:00
19:10						19:10							19:10
19:20	400m					19:20							19:20
19:30						19:30							19:30
TN18	17	8 / 6	11 / 11	12	7		11 / 7	10 / 10	19	19	18	17	25

Rahmenzeitplan nach Meldeschluss

Sonntag

	Männer/U23	MJ U20	MJ U18	M15	M14		Frauen/U23	WJ U20	WJ U18	W15	W14		
	10-K	10-K	10-K	9-K	9-K		7-K	7-K	7-K	7-K	7-K	7-K	
	Riege 1/2	Riege 3	Riege 4	Riege 5	Riege 6		Riege 11/12	Riege 13	Riege 14	Riege 15	Riege 16	Riege 17	Riege 18
09:00						09:00	Weit 1		Speer 1	Speer 2			09:00
09:10						09:10							09:10
09:20						09:20							09:20
09:30						09:30							09:30
09:40			110m H			09:40		Weit 3					Hoch 1+2
09:50						09:50							09:50
10:00						10:00							10:00
10:10		110m H	Diskus			10:10							10:10
10:20	110m H					10:20	Speer 1			Kugel 1	Kugel 2		10:20
10:30						10:30							10:30
10:40				80m H		10:40			Weit 1	Weit 3			10:40
10:50					80m H	10:50							10:50
11:00						11:00							11:00
11:10						11:10							11:10
11:20	Diskus	Diskus	Stab 1+2			11:20							11:20
11:30				Hoch 1		11:30							11:30
11:40					Hoch 2	11:40		Speer 1					Kugel 1+2
11:50						11:50	800m						11:50
12:00						12:00							12:00
12:10						12:10			800m	800m			12:10
12:20						12:20							12:20
12:30						12:30							12:30
12:40						12:40							12:40
12:50						12:50							12:50
13:00						13:00		800m			Hoch 1	Hoch 2	13:00
13:10	Stab 1+2	Stab 1+2	Speer 1			13:10						800m	13:10
13:20				Kugel 1	Kugel 1	13:20							13:20
13:30						13:30							13:30
13:40						13:40							13:40
13:50						13:50							13:50
14:00						14:00							14:00
14:10						14:10							14:10
14:20			1500m			14:20							14:20
14:30						14:30							14:30
14:40						14:40							14:40
14:50				Speer 2	Speer 2	14:50							14:50
15:00						15:00							15:00
15:10	Speer 1	Speer 1				15:10				800m	800m		15:10
15:20						15:20							15:20
15:30						15:30							15:30
15:40						15:40							15:40
15:50						15:50							15:50
16:00						16:00							16:00
16:10					1000m	16:10							16:10
16:20				1000m		16:20							16:20
16:30						16:30							16:30
16:40	1500m	1500m				16:40							16:40
16:50						16:50							16:50
17:00						17:00							17:00
TN18	17	6	11	12	7		11 / 7	10 / 10	19	19	18	17	25