



**Oberbayerische Crosslauf-Meisterschaft
TSV Palling 06. Februar 2016
Ergebnisliste (Klassen)**

Bewerbsstatistik:

gemeldete: 159
in der Wertung: 144
nicht am Start: 14
nicht im Ziel: 1

#	StNr	Name	Verein	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Ziel	Gesamt	Diff
w.Kinder U12 Jg.2005 - 950 m 1 Runde													
1	216	EIBACH Lina	TSV Schaftlach	3:53.70 (1)								3:53.70	
m.Kinder U12 Jg. 2006 - 950 m 1 Runde													
1	150	WEIDELNER Linus	SG Hausham	3:47.98 (1)								3:47.98	
2	160	GROB Kilian	SG Hausham	4:05.23 (2)								4:05.23	+17.25
m.Kinder U12 Jg. 2005 - 950 m 1 Runde													
1	119	PATZLSPERGER Andreas	TSV Schaftlach	3:44.26 (1)								3:44.26	
w.Jgd U14 Jg. 2004 - 1900 m 2 Runden													
1	196	SCHWARZ Sophia	LG Oberland	3:51.95 (1)	4:11.75 (1)							8:03.71	
w.Jgd U14 Jg. 2003 - 1900 m 2 Runden													
1	147	PICHLER Lena	LG Oberland	3:47.62 (1)	3:58.22 (1)							7:45.84	
2	76	SCHREYER Lisa	SC Ainring	3:47.69 (2)	3:58.78 (2)							7:46.48	+0.64
3	178	UFERTINGER Amelie	LG FESTINA Rupertiwink	3:56.24 (3)	4:30.10 (3)							8:26.35	+40.51
4	84	WENIG Julia	LG Oberland	4:13.28 (4)	4:30.92 (4)							8:44.21	+58.37
m.Jgd U14 Jg. 2004 - 1900 m 2 Runden													
1	174	GEISSLER Lenz	LG Oberland	4:08.27 (1)	4:10.08 (1)							8:18.35	



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#	StNr	Name	Verein	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Ziel	Gesamt	Diff
m.Jgd U14 Jg. 2003 - 1900 m 2 Runden													
1	138	PATZLSPERGER Benedikt	LG Oberland	4:03.01 (1)	4:09.69 (1)							8:12.71	
2	99	WEIDELNER Anton	LG Oberland	4:14.89 (2)	4:13.45 (2)							8:28.34	+15.63
w.Jgd U16 - 2850 m 3 Runden													
1	170	BRUCKMAYER Hanna	TV Altötting	3:20.47 (1)	3:45.80 (1)	3:48.93 (1)						10:55.20	
2	101	HOFMANN Cäcilie	LG Chiemgau-Süd	3:31.79 (2)	4:00.28 (2)	4:00.95 (2)						11:33.03	+37.83
3	88	GEDAT Lena	TSV 1860 Rosenheim	3:34.49 (3)	4:04.37 (3)	4:04.16 (4)						11:43.03	+47.83
4	139	MICHEL Daria	TuS Traunreut	3:50.34 (4)	4:19.70 (4)	4:01.89 (3)						12:11.94	+1:16.74
5	135	BISCHOF Elena	LG Chiemgau-Süd	4:06.08 (5)	4:27.55 (6)	4:17.15 (5)						12:50.80	+1:55.60
6	214	BAUMANN Magdalena	LG Oberland	4:10.66 (7)	4:23.31 (5)	4:18.25 (6)						12:52.23	+1:57.03
7	100	EIBACH Sara Ines	LG Oberland	4:12.91 (8)	4:32.31 (7)	4:25.13 (7)						13:10.35	+2:15.15
8	202	SCHUHBÖCK Olivia Sina	TSV Palling	4:13.23 (9)	4:35.63 (8)	4:51.93 (8)						13:40.80	+2:45.60
9	67	SOFINA Ekaterina	LG Gendorf Wacker Burg	4:07.77 (6)	5:00.89 (9)	5:26.17 (9)						14:34.84	+3:39.64
10	69	PLUNS Manuela	TSV Palling	4:43.28 (11)	5:57.64 (10)	6:02.39 (10)						16:43.31	+5:48.11
11	152	HARTL Sophie	TSV Palling	4:42.92 (10)	5:58.32 (11)	6:03.16 (11)						16:44.41	+5:49.21
12	154	SIGLREITMEIER Anna	TSV Palling	4:48.84 (12)	6:30.52 (12)	6:30.76 (12)						17:50.12	+6:54.92
m.Jgd U16 - 2850 m 3 Runden													
1	213	BRUNNER Jakob	SV Germering	3:29.11 (3)	3:38.53 (2)	3:22.40 (1)						10:30.05	
2	112	FRANK Florian	TuS Bad Aibling	3:29.65 (5)	3:37.68 (1)	3:24.35 (2)						10:31.69	+1.64
3	157	BERTRAM Marvin	TSV Penzberg	3:28.73 (1)	3:38.68 (4)	3:27.86 (3)						10:35.28	+5.23
4	79	FISCHER Ferdinand	LG Chiemgau-Süd	3:28.89 (2)	3:39.31 (5)	3:32.70 (4)						10:40.91	+10.86
5	109	JÄGER Luk	TSV Penzberg	3:29.23 (4)	3:38.66 (3)	3:38.19 (5)						10:46.10	+16.05
6	177	GRAIANI Vincente	Kirchheimer SC	3:30.44 (7)	3:46.15 (6)	3:47.06 (6)						11:03.66	+33.61
7	120	BAILEY Myron	LG Würm Athletik	3:30.31 (6)	3:46.30 (7)	3:48.01 (7)						11:04.62	+34.57



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#	StNr	Name	Verein	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Ziel	Gesamt	Diff
8	145	PROKSCH Sebastian	TSV Penzberg	3:36.35 (9)	3:59.07 (8)	3:49.29 (8)						11:24.72	+54.67
9	96	EMPL Jonas	LG Oberland	3:34.74 (8)	4:00.40 (9)	3:59.37 (9)						11:34.52	+1:04.47
10	210	KNAUF Oliver	TSV Schleißheim	3:48.73 (11)	4:00.82 (10)	4:02.81 (10)						11:52.37	+1:22.32
11	164	STROHHAMMER Benedikt	TSV Palling	3:51.98 (12)	4:19.70 (11)	4:07.16 (11)						12:18.86	+1:48.81
12	172	UNTERREITMEIER Sebastia	SV Germering	3:46.72 (10)	4:21.90 (12)	4:36.41 (12)						12:45.03	+2:14.98
13	165	BRANCH Noah	LG Würm Athletik	3:52.38 (13)	4:33.92 (13)	4:56.71 (13)						13:23.02	+2:52.97
14	143	ALBRECHT Korbinian	TSV Gräfelfing	4:31.29 (14)	5:12.66 (14)	5:18.57 (14)						15:02.54	+4:32.49
w.Jgd U18 - 3800 m 4 Runden													
1	182	BASENER Lisa	MTV 1881 Ingolstadt	3:34.51 (1)	3:56.77 (2)	4:00.55 (1)	3:52.59 (1)					15:24.43	
2	155	UEBELHACK Felipa	TuS Bad Aibling	3:37.36 (2)	3:56.00 (1)	4:01.02 (2)	4:01.41 (2)					15:35.81	+11.38
3	72	HOLZMER Lara	TSV Ismaning	3:48.22 (4)	4:03.35 (3)	4:18.11 (3)	4:12.18 (5)					16:21.87	+57.44
4	173	UNTERREITMEIER Franzisk	SV Germering	3:53.51 (7)	4:18.44 (7)	4:20.00 (4)	4:12.10 (3)					16:44.07	+1:19.64
5	91	BIBERGER Victoria	TSV Ismaning	3:51.86 (5)	4:13.32 (5)	4:24.82 (6)	4:17.18 (6)					16:47.19	+1:22.76
6	193	MAYR Elisabeth	TSV Penzberg	3:39.99 (3)	4:13.10 (4)	4:31.10 (7)	4:24.14 (8)					16:48.34	+1:23.91
7	156	UNTERREITMEIER Hannah	LG Chiemgau-Süd	3:52.00 (6)	4:15.43 (6)	4:23.63 (5)	4:18.58 (7)					16:49.65	+1:25.22
8	115	BAUER Manuela	TSV Penzberg	3:58.08 (9)	4:26.90 (9)	4:40.45 (9)	4:12.12 (4)					17:17.56	+1:53.13
9	198	BOROWY Katharina	TSV Penzberg	3:57.71 (8)	4:26.80 (8)	4:31.60 (8)	4:29.63 (9)					17:25.75	+2:01.32
m.Jgd U18 - 3800 m 4 Runden													
1	92	JAEGER Nick	TSV Penzberg	3:10.88 (1)	3:17.23 (1)	3:14.32 (1)	3:02.13 (1)					12:44.59	
2	181	SCHUHBÖCK Seraphin Luc	TSV Palling	3:24.02 (5)	3:41.47 (5)	3:39.41 (2)	3:32.03 (2)					14:16.95	+1:32.36
3	127	STADLER David	LG Mettenheim	3:20.01 (3)	3:37.37 (2)	3:45.13 (4)	3:40.52 (5)					14:23.04	+1:38.45
4	132	HECKMEIER Christoph	MTV 1862 Pfaffenhofen	3:16.26 (2)	3:38.83 (3)	3:47.55 (5)	3:44.56 (6)					14:27.21	+1:42.62
5	169	BILATO Piernicolo	TSV Ismaning	3:32.90 (8)	3:41.16 (4)	3:39.94 (3)	3:38.06 (3)					14:32.06	+1:47.47
6	144	VITT Kilian	SV Germering	3:22.32 (4)	3:43.93 (6)	3:47.75 (6)	3:38.43 (4)					14:32.45	+1:47.86



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7	102	REITMEIER Stefan	TSV Palling	3:31.64 (6)	3:55.16 (7)	4:01.15 (7)	3:50.55 (7)					15:18.52	+2:33.93
8	208	TESCHNER Luis	Lauffeuer Chiemgau	3:31.65 (7)	3:55.23 (8)	4:18.93 (9)	4:16.62 (9)					16:02.44	+3:17.85
9	162	ZELZER Michael	SC Ainning	3:36.36 (9)	4:08.67 (9)	4:14.06 (8)	4:06.47 (8)					16:05.58	+3:20.99
10	75	BOEHMIG Tobias	LG Chiemgau-Süd	4:09.03 (11)	4:34.16 (10)	4:26.80 (10)	4:29.40 (10)					17:39.41	+4:54.82
11	122	STROHHAMMER Johannes	TSV Palling	3:40.31 (10)	4:40.28 (11)	4:54.08 (11)	4:51.24 (11)					18:05.92	+5:21.33
w.Jgd U20 - 3800 m 4 Runden													
1	167	OSTLER Leoni	LAG Garmisch-Partenkir	3:39.44 (2)	3:57.38 (1)	4:06.37 (1)	4:05.29 (1)					15:48.49	
2	95	BARTH Lena	PTSV Rosenheim	3:38.60 (1)	4:02.41 (2)	4:19.15 (2)	4:10.53 (2)					16:10.69	+22.20
m.Jgd U20 - 3800 m 4 Runden													
1	146	HERBECK Lucas	TSV Penzberg	3:11.47 (1)	3:18.29 (1)	3:23.05 (1)	3:29.50 (1)					13:22.33	
2	106	GLOGER Maximilian	MTV 1881 Ingolstadt	3:15.59 (2)	3:32.56 (2)	3:42.16 (2)	3:38.48 (2)					14:08.79	+46.46
Senioren M80 - 5700 m 6 Runden													
1	192	HALTMEIER Georg	SV Lohhof	6:40.71 (1)	7:47.74 (1)	7:45.87 (1)	7:47.73 (1)	7:47.16 (1)	7:35.50 (1)			45:24.74	
Senioren M75 - 5700 m 6 Runden													
1	189	WALTER Albert	MTV 1881 Ingolstadt	4:02.00 (1)	4:22.08 (1)	4:32.82 (1)	4:35.71 (1)	4:41.17 (1)	4:26.18 (1)			26:39.99	
2	94	HUBER Andreas	TSV Wolfratshausen	5:26.56 (2)	6:09.99 (2)	6:12.77 (2)	6:15.40 (2)	6:19.28 (2)	6:00.88 (2)			36:24.89	+9:44.90
3	105	DEUß Peter	LG Mettenheim	6:30.51 (3)	7:19.88 (3)	7:31.99 (3)	7:36.38 (3)	7:40.81 (3)	7:40.75 (3)			44:20.33	+17:40.34
Senioren M70 - 5700 m 6 Runden													
1	125	SCHULTZ Hermann	RSLC Holzkirchen	4:47.25 (1)	4:56.14 (1)	4:58.19 (1)	4:58.51 (1)	4:56.02 (1)	4:53.25 (1)			29:29.39	
Seniorinnen W65 - 5700 m 6 Runden													
1	201	BRANDL Gudrun	LG Mettenheim	5:45.92 (1)	6:09.05 (1)	6:18.20 (1)	6:15.69 (1)	6:20.95 (1)	6:10.94 (1)			37:00.78	



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Senioren M65 - 5700 m 6 Runden													
1	179	PENNER Kuno	PTSV Rosenheim	3:58.27 (1)	4:11.13 (1)	4:05.11 (1)	4:06.50 (1)	4:12.51 (1)	4:11.93 (1)			24:45.47	
2	187	STÖCKL Ludwig	TG Salzachtal	4:09.31 (2)	4:27.65 (3)	4:35.21 (2)	4:29.71 (2)	4:27.21 (2)	4:26.50 (2)			26:35.60	+1:50.13
3	98	RAUCH Michael	SG Indersdorf	4:09.53 (3)	4:20.35 (2)	4:35.29 (3)	4:44.13 (3)	4:47.12 (3)	4:49.75 (3)			27:26.20	+2:40.73
4	38	FISCHER Gerd	TV 1903 Feldkirchen	4:43.43 (5)	4:57.68 (5)	4:57.82 (4)	4:58.76 (4)	4:57.10 (4)	4:55.83 (4)			29:30.64	+4:45.17
5	61	SCHRANNER Wolfgang	TSV 1852 Neuötting	4:33.06 (4)	4:54.96 (4)	5:05.08 (5)	5:14.62 (5)	5:11.08 (5)	5:09.42 (5)			30:08.24	+5:22.77
6	64	RUSIN Hendryk	TSV Allershausen	4:56.20 (6)	5:24.43 (6)	5:28.86 (6)	5:30.96 (6)	5:30.89 (6)	5:29.77 (6)			32:21.13	+7:35.66
7	215	BRANDL Georg	SC Ainring	5:04.99 (7)	5:26.59 (7)	5:35.90 (7)	5:38.93 (7)	5:44.18 (7)	5:45.07 (7)			33:15.68	+8:30.21
Seniorinnen W60 - 5700 m 6 Runden													
1	191	KOLESA Gerlinde	MTV 1881 Ingolstadt	4:08.90 (1)	4:25.32 (1)	4:31.91 (1)	4:34.50 (1)	4:34.55 (1)	4:23.03 (1)			26:38.23	
2	80	NISSL Erna	TV Kraiburg	4:48.85 (2)	5:21.70 (2)	5:27.99 (2)	5:29.81 (2)	5:31.52 (2)	5:26.70 (2)			32:06.60	+5:28.37
Senioren M60 - 5700 m 6 Runden													
1	184	MANN Hugo	TSV Penzberg	3:38.30 (1)	3:50.05 (1)	3:52.35 (1)	3:48.66 (1)	3:54.89 (1)	3:45.88 (1)			22:50.13	
2	171	PRECHTL Georg	PTSV Rosenheim	3:44.76 (2)	3:59.60 (2)	4:10.53 (2)	4:12.66 (2)	4:13.04 (2)	4:11.11 (2)			24:31.72	+1:41.59
3	197	HILTWEIN Wolfgang	PTSV Rosenheim	3:53.11 (3)	4:07.46 (3)	4:16.10 (3)	4:20.06 (3)	4:20.61 (3)	4:14.55 (3)			25:11.92	+2:21.79
4	124	MANDL Alfred	Läuferclub Buchendorf	4:26.68 (5)	4:38.31 (5)	4:43.51 (4)	4:42.08 (4)	4:44.51 (4)	4:46.96 (4)			28:02.07	+5:11.94
5	229	REITER Martin	TUS Mitterfelden	4:13.50 (4)	4:34.84 (4)	4:44.00 (5)	4:48.60 (5)	4:56.89 (5)	4:58.68 (5)			28:16.53	+5:26.40
Seniorinnen W55 - 5700 m 6 Runden													
1	134	TISCHLER Manuela	LG Mettenheim	4:16.55 (1)	4:27.50 (1)	4:34.12 (1)	4:33.60 (1)	4:34.36 (1)	4:40.32 (1)			27:06.47	
2	203	RAMISCH Elke	Laufclub Bayern	5:34.32 (2)	6:03.22 (2)	6:13.89 (2)	6:19.53 (2)	6:28.30 (2)	6:16.73 (2)			36:56.01	+9:49.54
Senioren M55 - 7600 m 8 Runden													
1	93	STICH Walter	PTSV Rosenheim	3:32.36 (2)	3:44.47 (1)	3:46.21 (1)	3:52.69 (1)	3:59.45 (1)	4:00.60 (1)	4:02.61 (1)	3:56.32 (1)	30:54.75	
2	133	ACETO Filippo	TSV 1862 Neuburg	3:43.89 (3)	3:52.71 (2)	3:55.70 (2)	4:02.05 (2)	4:06.13 (2)	4:07.45 (2)	4:07.63 (2)	4:07.00 (2)	32:02.58	+1:07.83
3	176	FURTMAYR Jakob	SG Indersdorf	3:17.86 (1)	4:37.87 (5)	4:07.18 (3)	4:08.36 (3)	4:10.98 (3)	4:12.01 (3)	4:15.98 (3)	4:14.27 (3)	33:04.55	+2:09.80



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4	209	LAUTNER Anton	TSV 1862 Neuburg	3:56.49 (4)	4:07.22 (3)	4:13.76 (4)	4:16.37 (4)	4:19.36 (4)	4:22.81 (4)	4:23.29 (4)	4:22.26 (4)	34:01.60	+3:06.85
5	188	MÖHWALD Herbert	SG Indersdorf	4:12.64 (5)	4:35.15 (4)	4:44.70 (5)	4:53.24 (5)	4:57.34 (5)	4:58.17 (5)	4:59.01 (5)	4:59.90 (5)	38:20.18	+7:25.43
6	121	TISCHLER Ludwig	LG Mettenheim	4:50.73 (6)	5:06.37 (6)	5:18.36 (6)	5:20.62 (6)	5:19.25 (6)	5:16.58 (6)	5:11.21 (6)	5:04.37 (6)	41:27.51	+10:32.76
Senioren M55 - 3800 m 4 Runden													
1	89	SCHULLER Wilfried	TSV Altenmarkt/Alz	3:53.80 (1)	4:32.10 (1)	4:39.80 (1)	4:36.60 (1)					17:42.31	
Seniorinnen W50 - 5700 m 6 Runden													
1	86	STICH Barbara	PTSV Rosenheim	3:57.85 (1)	4:11.08 (1)	4:14.76 (1)	4:19.62 (1)	4:21.49 (1)	4:20.06 (2)			25:24.89	
2	123	HOBMAIER Josefine	PTSV Rosenheim	4:14.76 (2)	4:18.42 (2)	4:21.11 (2)	4:25.46 (2)	4:22.51 (2)	4:13.66 (1)			25:55.95	+31.06
3	186	WEICHSELBAUMER Maria L	TSV Bad Endorf	4:15.67 (3)	4:27.49 (3)	4:37.30 (3)	4:45.27 (3)	4:52.32 (3)	4:43.01 (3)			27:41.10	+2:16.21
4	70	FORSTER Bärbel	TG Salzsachtal	4:37.09 (4)	4:57.37 (4)	5:01.71 (4)	5:03.16 (4)	5:08.01 (4)	5:07.04 (4)			29:54.40	+4:29.51
Senioren M50 - 7600 m 8 Runden													
1	137	WINKLER Dr. Bernd	LG Chiemgau-Süd	4:00.52 (5)	4:00.28 (4)	3:57.54 (2)	3:53.79 (1)	3:53.33 (1)	3:53.29 (1)	3:52.95 (1)	3:43.06 (1)	31:14.79	
2	194	MOLL Bertram	PTSV Rosenheim	3:41.24 (1)	3:50.03 (1)	3:55.91 (1)	3:59.69 (2)	3:59.06 (2)	4:00.71 (2)	4:04.40 (3)	3:53.07 (3)	31:24.14	+9.35
3	85	MENTIL Harald	Lauffeuer Chiemgau	3:43.20 (2)	3:56.25 (3)	4:00.98 (4)	4:03.26 (4)	4:01.25 (3)	4:06.04 (4)	4:00.99 (2)	3:52.83 (2)	31:44.84	+30.05
4	158	BOEHME Roland	BSV Flughafen München	3:43.74 (3)	3:52.99 (2)	3:58.42 (3)	4:02.37 (3)	4:03.41 (4)	4:04.89 (3)	4:07.49 (4)	4:02.13 (4)	31:55.45	+40.66
5	81	RÜHRER Wolfgang	TSV Penzberg	3:55.74 (4)	4:04.91 (5)	4:05.37 (5)	4:06.85 (5)	4:09.35 (5)	4:12.29 (5)	4:11.04 (5)	4:07.30 (5)	32:52.87	+1:38.08
6	183	BLEY Manfred	LG Mettenheim	4:01.63 (6)	4:21.16 (6)	4:25.28 (6)	4:24.68 (6)	4:25.87 (6)	4:18.80 (6)	4:18.49 (6)	4:12.71 (6)	34:28.66	+3:13.87
Seniorinnen W45 - 5700 m 6 Runden													
1	65	APPEL Henriette	TSV 1862 Neuburg	5:02.08 (1)	5:22.33 (1)	5:32.23 (1)	5:32.06 (1)	5:33.27 (1)	5:28.44 (1)			32:30.43	
Senioren M45 - 7600 m 8 Runden													
1	130	LETTENMAIER Jan	LG Stadtwerke München	3:13.70 (1)	3:19.71 (1)	3:24.42 (1)	3:23.81 (1)	3:26.77 (1)	3:27.19 (1)	3:26.93 (1)	3:26.66 (1)	27:09.24	
2	217	HOVAN Thomas	Lauffeuer Chiemgau	3:26.58 (3)	3:30.80 (2)	3:36.82 (2)	3:41.28 (2)	3:42.39 (2)	3:42.07 (2)	3:43.62 (2)	3:36.32 (3)	28:59.92	+1:50.68
3	107	ESTERMAIER Klaus-Peter	LG Gendorf Wacker Burg	3:18.43 (2)	3:36.48 (4)	3:40.35 (4)	3:42.76 (3)	3:43.01 (3)	3:43.81 (3)	3:44.74 (3)	3:36.18 (2)	29:05.78	+1:56.54
4	142	HUNGERHUBER Sebastian	PTSV Rosenheim	3:32.53 (5)	3:34.80 (3)	3:37.93 (3)	3:43.06 (4)	3:43.37 (4)	3:46.17 (4)	3:47.67 (4)	3:46.00 (5)	29:31.56	+2:22.32



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#	StNr	Name	Verein	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Ziel	Gesamt	Diff
5	111	HOHMANN Dirk	SG Indersdorf	3:28.42 (4)	3:43.83 (5)	3:45.98 (5)	3:46.26 (5)	3:48.82 (5)	3:49.01 (5)	3:48.16 (5)	3:42.08 (4)	29:52.59	+2:43.35
6	166	NAGELSDIEK Thomas	LG Mettenheim	4:39.57 (6)	4:54.43 (6)	4:56.18 (6)	4:59.70 (6)	5:01.73 (6)	4:59.23 (6)	5:06.62 (6)	4:56.12 (6)	39:33.61	+12:24.37
Senioren M45 - 3800 m 4 Runden													
1	185	HINTERSTOßER Albert	LG FESTINA Rupertiwink	3:13.80 (1)	3:26.39 (1)	3:32.62 (1)	3:27.39 (1)					13:40.21	
Seniorinnen W40 - 3800 m 4 Runden													
1	126	METZGER Claudia	LG Würm Athletik	3:36.43 (1)	3:56.81 (1)	4:00.81 (1)	3:45.89 (1)					15:19.96	
Seniorinnen W40 - 5700 m 6 Runden													
1	200	ZIMMERMANN Rosemarie	Lauffeuer Chiemgau	4:07.78 (2)	4:18.54 (1)	4:22.37 (1)	4:25.41 (1)	4:22.28 (1)	4:08.48 (1)			25:44.89	
2	195	FRANK Eifi	Lauffeuer Chiemgau	4:07.66 (1)	4:19.29 (2)	4:24.61 (2)	4:27.64 (2)	4:23.01 (2)	4:17.95 (2)			26:00.18	+15.29
3	71	FICHTNER Tanja	Lauffeuer Chiemgau	4:11.82 (3)	4:20.70 (3)	4:30.43 (3)	4:36.54 (3)	4:37.88 (3)	4:29.23 (3)			26:46.62	+1:01.73
Senioren M40 - 7600 m 8 Runden													
1	206	MIETZSCH Denis	MTV 1881 Ingolstadt	3:16.90 (1)	3:26.49 (1)	3:31.75 (1)	3:32.90 (1)	3:36.21 (1)	3:35.29 (1)	3:38.45 (1)	3:30.86 (1)	28:08.88	
2	66	MERZ Christoph	PTSV Rosenheim	3:26.25 (2)	3:30.70 (2)	3:37.16 (2)	3:40.97 (3)	3:42.46 (3)	3:41.98 (2)	3:43.58 (3)	3:33.32 (2)	28:56.45	+47.57
3	151	RIGOTTI Roland	TSV 1862 Neuburg	3:29.15 (3)	3:38.97 (3)	3:37.52 (3)	3:40.41 (2)	3:40.44 (2)	3:42.33 (3)	3:42.93 (2)	3:38.38 (3)	29:10.16	+1:01.28
4	205	MAIER Andreas	TSV Penzberg	3:40.75 (4)	3:43.74 (4)	3:53.14 (4)	4:00.02 (4)	4:00.11 (4)	4:06.07 (4)	4:06.23 (4)	3:58.09 (4)	31:28.18	+3:19.30
Senioren M35 - 7600 m 8 Runden													
1	199	BRENNAUER Markus	TSV Penzberg	3:12.91 (1)	3:15.65 (1)	3:15.89 (1)	3:16.79 (1)	3:15.90 (1)	3:14.82 (1)	3:13.62 (1)	3:00.97 (1)	25:46.57	
2	149	DEAN Michael	MTV 1881 Ingolstadt	3:32.08 (2)	3:39.98 (2)	3:40.43 (2)	3:41.37 (2)	3:41.22 (2)	3:46.91 (2)	3:46.68 (2)	3:39.76 (2)	29:28.46	+3:41.89
Seniorinnen W30 - 5700 m 6 Runden													
1	62	ESEFELD Katrin	LG Mettenheim	3:37.35 (1)	3:49.90 (1)	3:55.72 (1)	3:59.83 (1)	4:03.74 (1)	4:06.39 (1)			23:32.96	
Senioren M30 - 7600 m 8 Runden													
1	148	PASZTOR Florian	LG Stadtwerke München	3:12.30 (2)	3:16.09 (1)	3:15.98 (1)	3:17.53 (2)	3:15.48 (1)	3:14.79 (1)	3:13.91 (1)	2:57.87 (1)	25:43.99	
2	68	MIDDELHOFF Heiko	MTV 1881 Ingolstadt	3:10.00 (1)	3:17.63 (2)	3:16.31 (2)	3:17.01 (1)	3:15.96 (2)	3:15.68 (2)	3:13.97 (2)	3:09.06 (2)	25:55.65	+11.66



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#	StNr	Name	Verein	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Ziel	Gesamt	Diff
3	161	CACCIAPUOTI Mario	MTV 1881 Ingolstadt	3:21.11 (3)	3:23.70 (3)	3:27.29 (3)	3:32.66 (3)	3:34.94 (3)	3:33.84 (3)	3:36.66 (3)	3:28.28 (3)	27:58.51	+2:14.52
Frauen - 3800 m 4 Runden													
1	128	HOFBAUER Amelie	TV Altötting	3:34.86 (1)	3:56.67 (1)	4:01.08 (1)	4:00.13 (1)					15:32.76	
2	163	UGELE Ines	MTV 1862 Pfaffenhofen	3:42.72 (2)	4:16.16 (2)	4:23.44 (2)	4:15.25 (2)					16:37.58	+1:04.82
3	104	WERNER Julia	LG Stadtwerke München	3:54.77 (4)	4:19.54 (3)	4:25.85 (3)	4:19.85 (3)					17:00.02	+1:27.26
4	180	SCHMITT Anne	LG Mettenheim	3:52.58 (3)	4:25.26 (4)	4:38.70 (4)	4:24.75 (4)					17:21.31	+1:48.55
5	175	POINTNER Eva-Maria	LG Chiemgau-Süd	3:58.45 (5)	4:30.85 (5)	4:50.67 (5)	4:53.87 (5)					18:13.85	+2:41.09
Frauen - 5700 m 6 Runden													
1	73	APPELT Isabel	LG Stadtwerke München	3:37.79 (1)	3:50.01 (1)	3:52.60 (2)	3:48.66 (2)	3:54.76 (1)	3:32.06 (1)			22:35.90	
2	97	VOM DORP Katka	PTSV Rosenheim	3:38.02 (2)	3:50.06 (2)	3:52.09 (1)	3:48.63 (1)	3:54.92 (2)	3:36.96 (2)			22:40.70	+4.80
3	90	HOBMAIER Elisabeth	PTSV Rosenheim	3:51.74 (3)	4:01.96 (3)	4:04.15 (3)	4:08.77 (3)	4:13.36 (3)	4:08.55 (3)			24:28.56	+1:52.66
4	141	HOFMANN Marlies	MTV 1881 Ingolstadt	4:18.94 (4)	4:49.54 (4)	4:55.27 (4)	4:59.87 (4)	5:02.88 (4)	5:02.88 (4)			29:09.40	+6:33.50
Männer - 7600 m 8 Runden													
1	153	WENZLER Florian	LG Würm Athletik	3:12.71 (2)	3:15.67 (1)	3:15.73 (1)	3:16.77 (1)	3:15.99 (1)	3:14.74 (1)	3:13.89 (1)	3:06.61 (1)	25:52.14	
2	211	STICH Kilian	LG TELIS FINANZ Rege	3:09.76 (1)	3:17.88 (2)	3:17.08 (2)	3:21.00 (2)	3:28.83 (3)	3:29.23 (3)	3:31.93 (3)	3:21.06 (2)	26:56.80	+1:04.66
3	218	KIRMEIER Maximilian	Lauffeuer Chiemgau	3:16.95 (5)	3:20.90 (5)	3:20.86 (3)	3:22.50 (3)	3:26.88 (2)	3:27.19 (2)	3:28.35 (2)	3:31.34 (5)	27:14.99	+1:22.85
4	140	STIER Martin	MTV 1881 Ingolstadt	3:13.70 (3)	3:18.69 (3)	3:25.83 (4)	3:31.53 (4)	3:35.56 (4)	3:37.69 (4)	3:41.16 (4)	3:29.43 (4)	27:53.62	+2:01.48
5	131	GINDER Simon	Läuferclub Buchendorf	3:16.32 (4)	3:20.78 (4)	3:27.28 (5)	3:32.76 (5)	3:37.53 (5)	3:39.98 (5)	3:43.51 (6)	3:24.31 (3)	28:02.50	+2:10.36
6	74	MANDL Leonhard	Läuferclub Buchendorf	3:17.27 (6)	3:28.01 (6)	3:31.80 (6)	3:38.31 (6)	3:39.05 (6)	3:41.82 (6)	3:42.95 (5)	3:39.49 (6)	28:38.74	+2:46.60
Männer - 3800 m 4 Runden													
1	63	ZWECK Jonas	MTV 1881 Ingolstadt	3:11.08 (3)	3:16.64 (1)	3:15.87 (2)	3:04.27 (1)					12:47.86	
2	168	WARKUS Florian	LG Mettenheim	3:11.07 (2)	3:16.95 (2)	3:16.52 (3)	3:12.94 (2)					12:57.50	+9.64
3	114	KIRMEIER Maximilian	Lauffeuer Chiemgau	3:10.76 (1)	3:17.34 (4)	3:15.73 (1)	3:17.78 (3)					13:01.63	+13.77
4	82	PRITZL Michael	TuS Bad Aibling	3:11.17 (4)	3:17.99 (5)	3:20.37 (4)	3:20.72 (4)					13:10.27	+22.41



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#	StNr	Name	Verein	Rd 1	Rd 2	Rd 3	Rd 4	Rd 5	Rd 6	Rd 7	Ziel	Gesamt	Diff
5	103	HADERER Stefan	TSV Penzberg	3:11.80 (5)	3:17.23 (3)	3:21.41 (5)	3:26.23 (5)					13:16.69	+28.83
6	78	HOFBAUER Kilian	TV Altötting	3:12.37 (6)	3:18.66 (6)	3:27.72 (6)	3:30.89 (6)					13:29.66	+41.80
7	129	ECKLMAIER Michael	LG Mettenheim	3:15.02 (7)	3:27.85 (7)	3:36.42 (7)	3:39.85 (7)					13:59.15	+1:11.29